

RECOVERY HIGH SCHOOLS: A FRAMEWORK FOR SUCCESS IN ADOLESCENT RECOVERY

PAMELA CAPACI, CEO

MORGAN THOMPSON, DIRECTOR OF ACADEMIC AND RECOVERY SUPPORT

RAYMOND J. LESNIAK EXPERIENCE STRENGTH & HOPE RECOVERY HIGH SCHOOL

1 **IN** **7**

**PEOPLE
IN THE U.S.**

ARE EXPECTED TO DEVELOP

A SUBSTANCE USE DISORDER

AT SOME POINT IN THEIR LIVES.

-Surgeon General's Report



Facing Addiction



An estimated 12% of all American children, or 8.3 million kids, live with a parent who has a Substance Abuse Disorder.

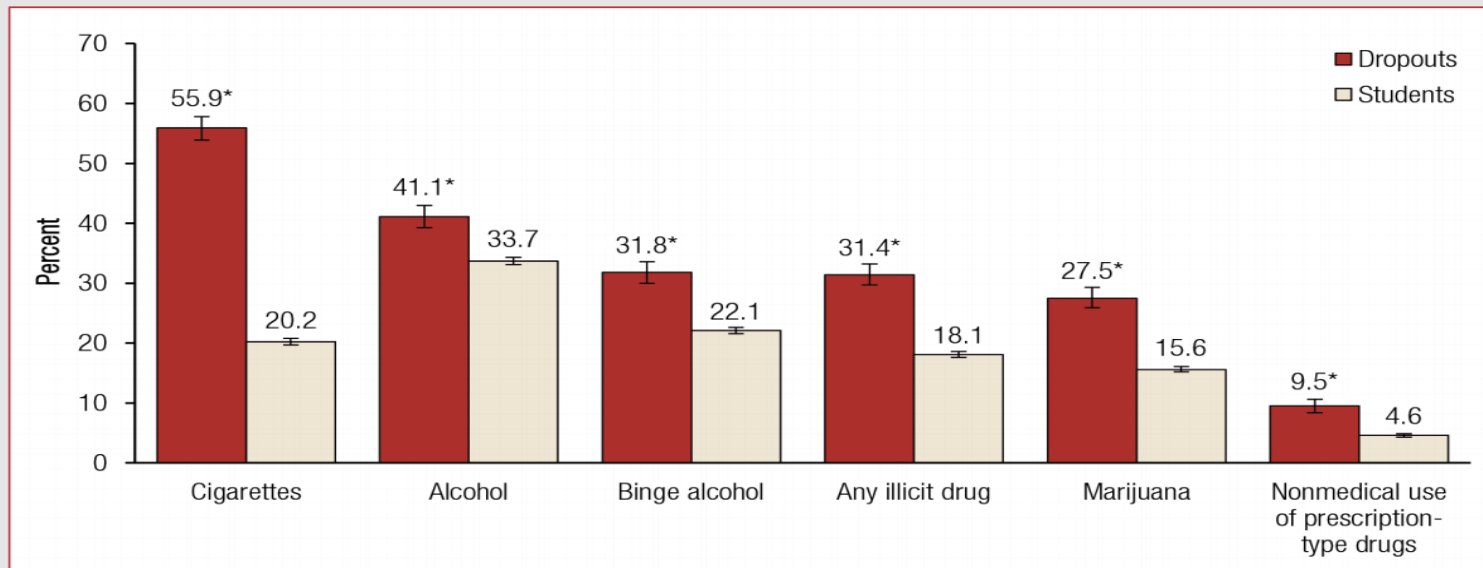


9 OUT OF 10

**PEOPLE WITH SUBSTANCE
PROBLEMS STARTED USING
BY AGE 18**

LINK BETWEEN EDUCATIONAL ATTAINMENT AND SUBSTANCE ABUSE

Figure 2. Past month substance use among 12th grade aged youths, by dropout status: 2002 to 2014



* Difference between 12th grade aged students and 12th grade aged dropouts is statistically significant at the .05 level.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Surveys on Drug Use and Health (NSDUHs), 2002 to 2005, 2006 to 2010 (revised March 2012), and 2011 to 2014.

RELAPSE RISK FACTORS IN SCHOOLS

- Perceived peer use
- Association with substance-using peers
- Alcohol and other drug availability
- Academic and social pressures
- One study found that nearly all students returning from treatment to their home school report being offered drugs their first day back (Speak & Skala, 1995)



RECOVERY HIGH SCHOOLS

Post-secondary institutions where students can pursue their education and recovery simultaneously. Services include:

- Academic instruction
- Post-secondary planning
- Peer support and mentorship
- Counseling and case management
- Family support and coaching



EXPERIENCE STRENGTH AND HOPE RECOVERY HIGH SCHOOL (UNION COUNTY, NJ)

- Unique private/public partnership
- Blended learning model
- Peer support environment
- Clinically monitored
- Emphasis on social/recreational opportunities



ELIGIBILITY

- Currently enrolled high school student
- Meeting diagnostic criteria for a substance use disorder
- Seeking a drug and alcohol free lifestyle
- Willing to fully participate in all program components



OUTCOMES

- RHS students more likely to graduate than peers with SUD who return to their home school after treatment (Moberg 2017)
- 7 graduates from ESH RHS since 2015; 3 more scheduled to graduate this June
- Our graduates have gone on to attend Rutgers University, Montclair State University, Rider University, and trade/vocational schools





ANY
QUESTIONS
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CONTACT

Pam Capaci

pcapaci@preventionlinks.org

Morgan Thompson

mthompson@preventionlinks.org

732-381-4100